

Lived Experience Roles

At Sussex Partnership we have three distinct lived experience roles. Here is a summary of these roles and the value they bring to the organisation.

Expert by Experience (EbE)

An EbE represents the service user or carer perspective and contributes to improvement projects and activities, such as recruitment or steering groups. This role is for people using services now or in recent years and is paid by an hourly rate.

If you are interested in learning more about this role, please contact:
Participation@spft.nhs.uk

Peer Support Worker

With lived experience of mental health issues, or other relevant issues such as neurodivergence or criminal justice, peer support workers offer direct support to people who use our services. They are part of our clinical teams with a distinct role to build relationships using common experience, developing skills, strengths and new perspectives.

If you are interested in learning more about this role, please contact:
PeerSupport@spft.nhs.uk

Peer Trainer

Peer Trainers use their lived experience to develop and deliver co-produced training around relevant subjects. Peer Trainers are paid roles through the Trust bank as work is sessional and varied. We have Peer Trainers in both Recovery and Discovery Colleges.

If you are interested in learning more about this role, please contact:
SussexRecoveryCollege@spft.nhs.uk

Other roles

There are other roles where lived experience is essential, including Senior Peer Trainer, Senior Peer Support Coordinator, Peer Trainer Lead, Peer Support Lead and Engagement and Support Officer. In other roles lived experience is an asset, but not necessarily essential, including Participation Lead or Manager, and Patient and Carer Experience Lead.

If you are interested in learning more about these roles, please contact:
EngagementAdmin@spft.nhs.uk